

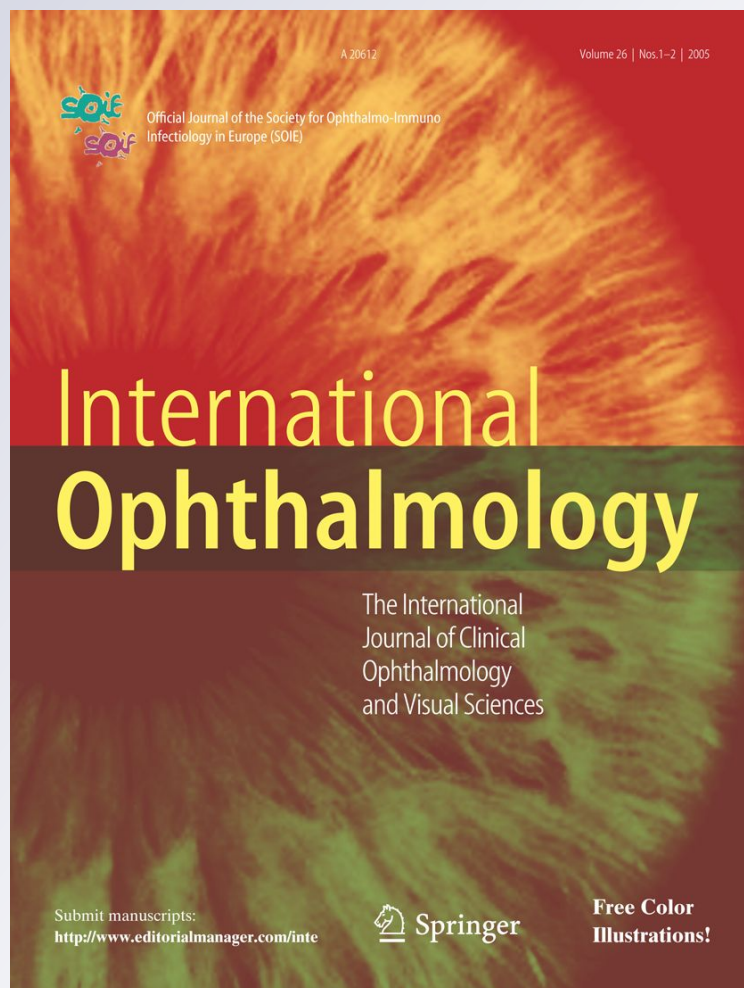
Cornea plana associated with open-angle glaucoma: a case report

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Cornea plana associated with open-angle glaucoma: a case report

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Abstract Cornea plana is a rare disease in which the cornea is flattened with a low refractive power. In addition to these features, hypermetropia, deep central corneal opacities, hazy corneal limbus, peripheral scleralization of the cornea and early arcus senilis can also be seen. Closed-angle glaucoma may occur as a result of shallow anterior chamber and narrow angle; however, open-angle glaucoma has also been reported in these patients. Measuring the real intraocular pressure (IOP) value of such eyes is difficult since tonometers are affected by corneal curvature. Therefore, the diagnosis of glaucoma may be delayed for a long time. In this case report we aimed to present a case of cornea plana with early open-angle glaucoma and to investigate which tonometer was appropriate for measuring the correct IOP value in such eyes.

Keywords Cornea plana · Preperimetric glaucoma · Ocular response analyzer

Introduction

Cornea plana is a rare congenital disease characterized by a flattened corneal curvature and low refractive power. It can be inherited as an autosomal dominant or autosomal recessive trait. The gene for both forms of cornea plana was mapped on the long arm of chromosome 12 [1, 2]. Mutations in keratocan gene (*KERA*) have been shown to be responsible for autosomal recessive cornea plana [3].

The autosomal dominant form of the disease is characterized by little loss of visual acuity and the corneal refractive power varies between 38 and 42 diopters. The autosomal recessive form is clinically more severe, results in a significant loss of visual acuity and the refractive power of the cornea is reduced to between 25 and 35 diopters [4, 5]. In addition to bilateral flattened corneal surface, other features such as hypermetropia, deep central corneal opacities, hazy corneal limbus, peripheral scleralization of the cornea, early arcus senilis, and shallow anterior chamber may also be seen, especially in the autosomal recessive form [4]. As a result of the shallow anterior chamber and narrow angle, closed-angle glaucoma may occur in these patients [1, 4, 6]. Open-angle glaucoma has also been reported in cornea plana patients [4, 7]; however, it is difficult to measure the real intraocular pressure (IOP) values of such eyes since tonometers are affected by extreme corneal curvatures. Therefore, glaucoma may not be diagnosed for a long time.

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In this case report we aimed to present a case of cornea plana with early open-angle glaucoma and to investigate which tonometer was appropriate for measuring the correct IOP value in such eyes.

Case report

A 16-year-old female patient was referred to our clinic with suspicion of glaucoma. The referring physician reported that after routine cycloplegic examination, her IOP was 40 mmHg in both eyes with the non-contact tonometer (NCT).

We made a baseline examination including determination of visual acuity, manifest and cycloplegic refraction, slit-lamp examination and fundus examination. Best-corrected Snellen visual acuity was 7/10 with +3.50 (+1.00 × 25°) refraction in the right eye and 10/10 with +3.00 (+1.25 × 140°) refraction in the left eye. Cycloplegic refraction was +8.75 (+0.75 × 25°) diopters in the right eye and +6.50 (+1.00 × 135°) diopters in the left eye. Keratometric readings were 10.35 × 32°/10.05 × 15° mm in the right eye and 10.57 × 12°/10.30 × 102° mm in the left eye. Slit-lamp examination showed central corneal opacity and flattened corneal curvature in both eyes (Figs. 1 and 2). Ophthalmoscopic examination revealed that the cup-to-disc ratio was 0.4 in the right eye and 0.6 in the left eye. Goldmann applanation tonometer (GAT) readings were 20 mmHg bilaterally. Central corneal thickness (CCT) with ultrasonic pachymeter was 493 μm in the right eye and 494 μm in the left eye. Gonioscopy of the angle revealed open angles (Shaffer grade 3) in every quadrant of both eyes. Axial length was determined as 23.10 and 23.78 mm, and anterior chamber depth was 2.35 and 2.44 mm for the right and left eyes, respectively.

IOP measurements with other tonometers available in our unit were attempted. With the NCT, IOP readings were 25 mmHg in the right eye and 21 mmHg in the left eye. Attempts at measuring IOP with the Pascal dynamic contour tonometer (PDCT) and Tonopen were unsuccessful; no reliable readings could be obtained with these tonometers. With the ocular response analyzer (ORA) (Reichert) IOP measurements were as follows: corneal compensated IOP (IOP_{cc}) was 24.5 mmHg in the right eye and 23.2 mmHg in the left eye, Goldmann-correlated IOP (IOP_g) was 23.5 mmHg in the right eye and

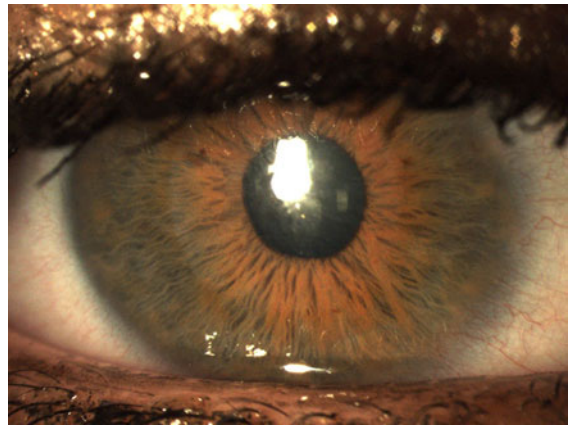


Fig. 1 Central corneal opacity



Fig. 2 Flattened corneal curvature

23.7 mmHg in the left eye. With the ORA, corneal hysteresis and corneal resistance factor were 8.8 and 8.4 mmHg in the right eye, respectively, and 8.1 and 8.2 mmHg in the left eye, respectively.

Bilateral standard automated perimetry and blue-on-yellow perimetry with the Humphrey perimeter were normal. Examination with the Heidelberg Retina Tomography III (HRT-III) showed that Moorfields regression analysis was outside normal limits and the glaucoma probability score was outside normal limits in both eyes. Retinal nerve fiber layer thickness analysis with optical coherence tomography (OCT) displayed localized thinning in both eyes.

With the above findings the patient was diagnosed as cornea plana associated with preperimetric glaucoma. We started antiglaucoma medication (timolol maleate 0.5%) to both eyes.

Discussion

Cornea plana is a rare corneal disease which can be inherited as either autosomal dominant or autosomal recessive. These two forms of the disease can usually be distinguished based on phenotype since the recessive form is a more severe disease than the dominant form. It has been shown that *KERA* mutations are responsible for the recessive form. This mutation results in lack of keratocan which is a small leucine-rich proteoglycan. This molecule is thought to be important in developing and maintaining corneal transparency. Keratocan knockout mice have been showed to have clear corneas with a thin corneal stroma, narrower angle between the cornea and iris, abnormal collagen fibril spacing and larger stromal fibril diameters [8].

Our patient had bilateral flat corneas, low corneal refractive power and central corneal opacity which are typical of recessive cornea plana. She had been referred to us for suspicion of glaucoma. Glaucoma associated with cornea plana has been described in several previous publications [4, 7]. Risk of increased narrow-angle glaucoma is plausible as a result of shallow anterior chamber and narrow angle. Forsius et al. found glaucoma in 4 eyes of 78 cornea plana patients, with the chamber angle open in most of the patients [4]; three of these patients were blind due to glaucoma. Thus, there is an association between cornea plana and glaucoma, either the narrow-angle or open-angle type.

Since tonometric measurements may be affected by extreme values of corneal curvature, we aimed to search for the most reliable tonometer for measuring the IOP in our patient. If IOP is erroneously measured lower than the actual value, glaucoma may not be diagnosed for a long time, i.e., until optic nerve head changes occur. Hafner et al. reported a 66-year-old male with cornea plana and IOP readings consistently below 21 mmHg with GAT where glaucoma was not suspected until typical glaucomatous optic nerve head changes appeared [7]. They converted the GAT values according to the flat corneal power (addition of 1 mm

Hg to the applanatory values per 3 diopters decreased corneal power), and suggested using a mathematical correction of the applanatory IOP in order to diagnose glaucoma early enough.

Today GAT is still the golden standard tonometer for measuring IOP. Some studies have investigated whether corneal properties such as CCT, corneal curvature and astigmatism affect the GAT measurements [9, 10]. It has been reported that corneal curvature affects GAT measurements by approximately 0.18–0.34 mmHg/diopter (1.14–2.0 mmHg/mm radius) [11, 12]. On the other hand, others have suggested that curvature has no effect on GAT readings [13–15]. Broman et al. [16] investigated the influence of some corneal characteristics on the measurement of IOP with 3 different tonometers (GAT, TonoPen and the ORA) and found that the ORA was least affected by differences in corneal curvature.

Besides having flat corneal curvature, our patient had a thin CCT—493 and 494 μm in the right and left eyes, respectively. This can also possibly affect the GAT measurement. There are many published studies indicating that the CCT affects IOP measurements [10, 11, 17, 18]. According to these studies a 10- μm increase in CCT results in 0.23–0.27 mmHg increase in IOP [11, 17, 18]. In other studies this effect is up to 0.40–0.78 mmHg per 10 μm [9, 19].

Besides the NCT and GAT, we also attempted to measure the IOP of our patient with the PDCT and the Tonopen unsuccessfully. The patient's flat corneal curvature was beyond the measurement capability of both devices.

Assuming that the low corneal curvature and the thin CCT in our patient had additive effects, we speculated that we could be measuring our patient's IOP about 5–8 mmHg lower than the actual value with the GAT. Since we had concerns about the influence of the CCT and corneal curvature on GAT measurements, we used the newly defined tonometer ORA which is claimed to measure IOP independent of corneal structure. The ORA measurements in our patient consistently displayed values above 21 mmHg. She had no visual field defects on both standard achromatic perimetry and blue-on-yellow perimetry; however, the HRT-III and the OCT findings indicated early glaucoma. Thus, we concluded that our patient had preperimetric glaucoma and started antiglaucoma medication (timolol maleate

0.5%). 1 month later, the IOPcc was 17.1 mmHg in the right eye and 16.2 mmHg in the left eye, and the IOPg was 16.2 mmHg in the right eye and 17.6 mmHg in the left with the ORA. She has been under follow-up for over a year without any visual field defects and with stable HRT-III and OCT findings.

In conclusion, cornea plana can be associated with open-angle glaucoma even in young patients. Since the flat corneal surface may lead to false IOP measurements with GAT, we suggest the use of ORA for the diagnosis and follow-up of such patients.

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